

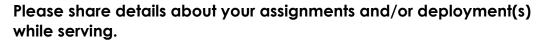
At RNDC and Young's Market Company, we are committed to attracting, developing, and retaining military veterans. In keeping with our core value of family and caring for the well-being of our community, RNDC recognizes and supports associates who are active duty or veterans of the U.S. military.

Name: Dale Foreman

Title: Loss Prevention Manager

Location/Business Unit: Jacksonville, Florida

Military Branch: United States Marine Corps Service Dates: December 1984 - October 1988





I went to military training in Millington, Tennessee. I was then stationed in Beaufort, South Carolina, where I worked in Marine Air Group 31 as an Avionics Technician for my entire four years with the Corps. During this time. I was



years with the Corps. During this time, I was deployed to Iwakuni, Japan for six months where I was attached to VMFA-122, which is a F-18 Hornet squadron, and I worked on Production Control keeping inventory of equipment for the planes.

What was your proudest moment, recognition, or accomplishment?

My proudest moment was when I was meritoriously promoted and named Marine of the Month in May 1987.

What was the most valuable experience you gained from your service? How has it helped you in your post-military career?

During my time with the Marine Corps I learned that discipline is necessary to achieve my goals and the importance of being able to work in a team environment. Each of these things has been at the core of everything I do since my time in the Marine Corps.

What do you enjoy most about working at RNDC/Young's?

The people that I work with are what I enjoy the most, it is definitely a work-family environment.

Share one or two FUN FACTS about yourself.

I am an avid Disney fan. I completed a half marathon, 13.1 miles, — at Disney, of course!



